

Name:

Date:

# Welcome to Our Office!

## Patient Information

Home Phone #: \_\_\_\_\_

Social Security #: \_\_\_\_\_

Cell Phone #: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Employer Name: \_\_\_\_\_

Number of Children: \_\_\_\_\_

Occupation: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_  
(Not necessary if it is your significant other)

Employer Phone #: \_\_\_\_\_

Relationship: \_\_\_\_\_  
(Not necessary if it is your significant other)

Marital Status: Married Single Widowed Divorced  
(Please Circle One)

Phone #: \_\_\_\_\_  
(Not necessary if it is your significant other)

Significant Other: \_\_\_\_\_

Phone #: \_\_\_\_\_

### Primary Care Provider (PCP)

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Why are you here today? Chief Complaint

How were you referred? \_\_\_\_\_

\_\_\_\_\_

Do you have VA benefits? Y / N

Have you ever been to a chiropractor? Y / N

Do you have AFLAC benefits? Y / N

If yes, when was your last adjustment? \_\_\_\_\_

Do you have an HSA/FSA or Benflex card? Y / N

Name:

Date:

### Condition Information

Mark the areas on your body where you feel your discomfort. Include all affected areas of radiation. If your discomfort radiates, draw an arrow from where it starts to where it stops. Please extend the arrow as far as it travels. Use the appropriate symbol(s) listed below.

Ache >>>>      Numbness = = = =      Pins & Needles o o o o  
Burning x x x x      Stabbing / / / /      Throbbing ~ ~ ~ ~

When did the condition begin? \_\_\_\_\_

Has it ever happened before? \_\_\_\_\_

Have you seen any other doctor for this condition? \_\_\_\_\_

If yes, when was your last treatment? \_\_\_\_\_

Is the condition:

A Result of a Motor Vehicle Accident

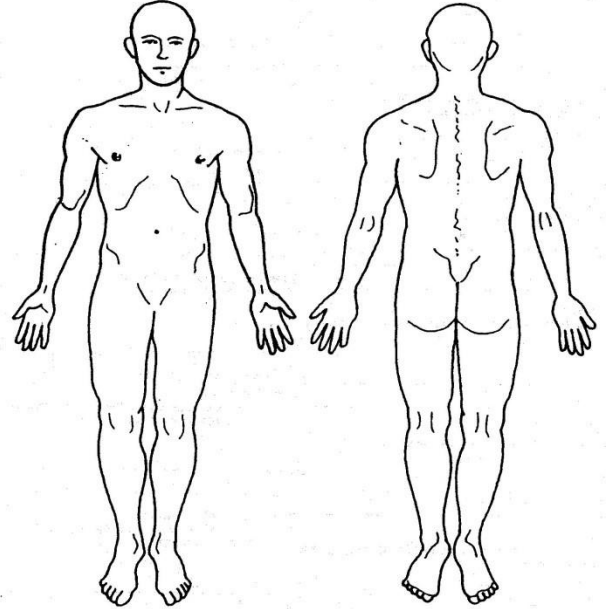
MVA Claim Number: \_\_\_\_\_

A Result of a Worker's Compensation Injury

WC Claim Number: \_\_\_\_\_

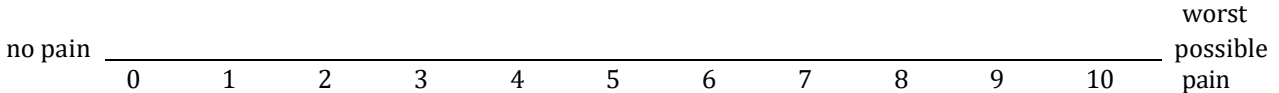
Other Injury

No Injury

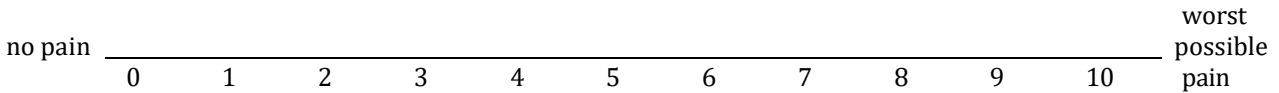


### Quadruple Visual Analogue Scale

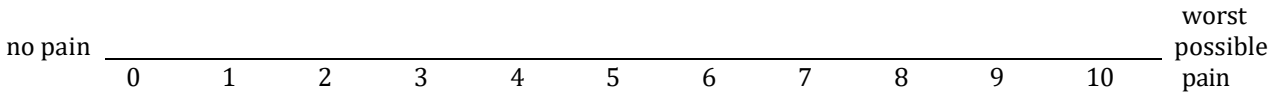
1. What is your pain RIGHT NOW?



2. What is your TYPICAL or AVERAGE pain?

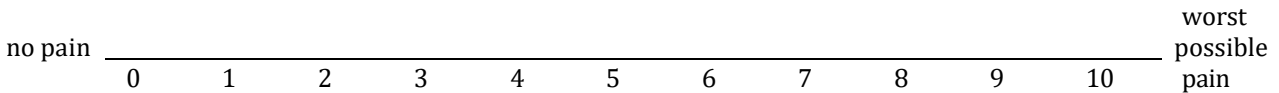


3. What is your pain level AT ITS BEST (How close to "0" does your pain get at its best)?



What percentage of your awake hours is your pain at its best? \_\_\_\_\_%

4. What is your pain level AT ITS WORST (How close to "10" does your pain get at its worst)?



What percentage of your awake hours is your pain at its worst? \_\_\_\_\_%

**Office Use Only: #1 \_\_\_\_\_ + #2 \_\_\_\_\_ + #4 \_\_\_\_\_ = \_\_\_\_\_ / 3 x 10 = \_\_\_\_\_ (Low intensity = <50; High intensity = >50)**

Name:

Date:

### Review of Systems

Below is a list of diseases, which may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as the problems can affect your overall course of care.

Please fill out all sections, even if "None".

**Constitutional:**

None  Chills  Daytime Sleepiness  Fatigue  Fever  Night Sweats

None  Weight Gain  Weight Loss

**Eyes/Vision:**

None  Blindness  Blurred Vision  Cataracts  Change in Vision  Double Vision

Photophobia  Eye Pain  Field Cuts  Glasses/Contacts  Glaucoma  Itching

Tearing

**ENT:**

None  Bleeding  Dentures  Difficulty Swallowing  Discharge  Dizziness

Hearing Loss  Ear Drainage  Ear Pain  Fainting  Frequent Sore Throats  Headaches

Post Nasal Drip (PND)  History of Head Injury  Hoarseness  Loss of Smell  Nasal Congestion  Nose Bleeds

Rhinorrhea (Runny Nose)  Sinus Infections  Snoring  Tinnitus (Ringing in Ear)  TMJ

**Respiration:**

None  Asthma  Cough  Coughing up Blood  Shortness of Breath (SOB)  Sputum Production

Wheezing

**Cardio:**

None  Angina  Chest Pain  Claudication  Heart Murmur  Heart Problems

Varicose Veins  Orthopnea  Palpitations  PND  SOB with Exertion  Swelling of Legs

**Gastro:**

None  Abdominal Pain  Belching  Black Tarry Stools  Constipation  Diarrhea

Nausea  Difficulty Swallowing  Heartburn  Hemorrhoids  Indigestion  Jaundice

Vomiting  Rectal Bleeding  Regurgitation  Ulcer  Change in Stool Color  Stool Consistency

Vomiting Blood

**Female:**

None  Breast Lumps/Pain  Burning Urination  Cramps  Frequent Urination  Irregular Menstruation

Urine Retention  Vaginal Bleeding  Vaginal Discharge

**Male:**  Burning Urination  Erectile Dysfunction  Frequent Urination  Hesitancy/Dribbling  Prostate

None  Urine Retention

**Endocrine:**

None  Cold Intolerance  Diabetes  Excessive Appetite  Excessive Hunger  Excessive Thirst

Voice Changes  Frequent Urination  Goiter  Hair Loss  Heat Intolerance  Unusual Hair Growth

**Skin:**

None  Changes in Nail Texture  Changes in Skin Color  Hair Growth  Hair Loss  History of Skin Disorders

Skin Lesions/Ulcers  Hives  Itching  Paresthesia  Pruritis  Rash

Varicosities

**Nervous:**

None  Dizziness  Facial Weakness  Headache  Limb Weakness  Loss of Consciousness

Stress  Loss of Memory  Numbness  Seizures  Sleep Disturbance  Slurred Speech

Strokes  Tremor  Unsteadiness of Gait

**Psychological:**

None  Anhedonia  Anxiety  Appetite  Behavioral Change  Bipolar

Confusion  Depression  Insomnia  Memory Loss  Mood Change

**Allergy:**  Anaphylaxis  Food Intolerance  Itching  Nasal Congestion  Sneezing

None

**Hematology:**

None  Anemia  Bleeding  Blood Clotting  Blood Transfusions  Bruising

Fatigue  Lymph Node Swelling

Name:

Date:

### Past Health History

Please fill out the information below carefully as these problems could affect your overall course of treatment.

**Childhood Illnesses:**

- None
- Measles
- ADD
- Depression
- Mumps
- Allergies/Hay fever
- Diabetes
- Rash
- Asthma
- Fetal Drug Exposure
- Seizure Disorder
- Atopic Dermatitis
- Food Allergies
- Sickle Cell Anemia
- Cerebral Palsy
- Headaches
- Unusual Childhood Illness

**Adult Illnesses:**

- None
- Hepatitis
- Similar Symptoms
- Anemia
- CVA (Stroke)
- Hypertension
- STD's
- Arthritis
- Depression
- Kidney Disease
- Suicide Attempts
- Asthma
- Diabetes (Insulin Dep)
- Liver Disease
- Thyroid Problem
- Cancer
- Diabetes (NIDDM)
- Lung Disease
- Chicken Pox
- Eye Problems
- Seizures

**Surgeries:**

- None
- Joint Replacement
- Other(s): \_\_\_\_\_
- Angioplasty
- Cosmetic
- Laminectomy
- Appendectomy
- D&C
- Mastectomy
- Caesarean Section
- Hemorrhoidectomy
- Pacemaker Insertion
- Cardiac Catheterization
- Hernia Repair
- Spinal Fusion
- Carpal Tunnel Release
- Hysterectomy
- Gallbladder

To your knowledge, have you had any diseases, major illnesses, or injuries not indicated on this form either in the past or present?      Yes      No      (Please Circle One)

If yes, please explain: \_\_\_\_\_

Are there any other conditions we should know about, even if unrelated? \_\_\_\_\_

Have you had any previous:    X-ray    MRI    CT    (please circle)    Other \_\_\_\_\_

Have you had previous Chiropractic care before?      Yes      No      (Please Circle One)

If yes, when was your last treatment? \_\_\_\_\_

Has anyone else in your family experienced this condition?      Yes      No      (Please Circle One)

### Social History

- Alcohol:**       None       Beer       Liquor       Social Consumption
- Diet:**       High Fat Diet       High Fiber       High Protein       High Salt Intake
- Low Calorie Intake       Low Carbohydrate       Low Fiber       Low Salt
- Education:**       Level or Degree Attained: \_\_\_\_\_
- Substance:**       Denies Any       Denies IV Drugs      Not Used Since: \_\_\_\_\_
- Tobacco:**      Type(s): \_\_\_\_\_

### WOMEN ONLY:

**Are you pregnant or is there any possibility that you may be pregnant?**

**Yes      No      Uncertain      N/A      (Please Circle One)**

Name:

Date:

### Health Information Consent Form

We want you to know how your Protected Health Information (PHI) is going to be used in this office and your rights concerning those records. Before we will begin any health care operations we must require you to read and sign this consent form stating that you understand and agree with how your records will be used. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your PHI, we encourage you to read the HIPAA NOTICE that is available to you at the front desk before signing this consent.

1. The patient understands and agrees to allow this chiropractic office to use their PHI for the purpose of treatment, payment, healthcare operations, and coordination of care. As an example, the patient agrees to allow this chiropractic office to submit requested PHI to the Health Insurance Company provided to us by the patient for the purpose of payment. Be assured that this office will limit the release of all PHI to the minimum needed for what the insurance companies require for payment.
2. The patient has the right to examine and obtain a copy of his or her own health records at any time and request corrections. The patient may request to know what disclosures have been made and submit in writing any further restrictions on the use of their PHI. Our office is not obligated to agree to those restrictions.
3. A patient's written consent need only be obtained one time for all subsequent care given to the patient in this office.
4. The patient may provide a written request to revoke consent at any time during care. This would not effect the use of those records for the care given prior to the written request to revoke consent but would apply to any care given after the request has been presented.
5. For your security and right to privacy, all staff has been trained in the area of patient record privacy and a privacy official has been designated to enforce those procedures in our office. We have taken all precautions that are known by this office to assure that your records are not readily available to those who do not need them.
6. Patients have the right to file a formal complaint with our privacy official about any possible violations of these policies and procedures.
7. If the patient refuses to sign this consent for the purpose of treatment, payment and health care operations, the chiropractic physician has the right to refuse to give care.

**I have read and understand how my Protected Health Information will be used and I agree to these policies and procedures.**

---

Patient/Guardian Signature

---

Date

Name:

Date:

### **Office Financial Policy**

We would like to thank you for choosing Iadeluca Chiropractic Center. We are committed to providing you with the best possible care. If you have medical insurance, we wish to help you receive your maximum allowable benefits. Letting you know in advance of our office policy allows for a good flow of communication and enables us to achieve our goal.

#### **Payment**

Payment is required at the time of service. This includes applicable co-payments, coinsurance, deductible and processing fees. We accept cash, check, credit card and CareCredit. We also offer flexible monthly payment plans. We charge a fee for checks returned for insufficient funds.

#### **Insurance**

Please remember insurance plans vary considerably and we cannot predict or guarantee what part of our services will or will not be covered. We make our best effort to see that your benefits are verified with your insurance on your first visit with our office. It is the responsibility of the **patient** to provide accurate and timely insurance information. Inaccurate or untimely information given to us that result in denial or non-coverage may leave you responsible for payment. It is your responsibility to keep us informed of any changes communicated to you by your insurance company. Patients are ultimately responsible for knowledge of specific coverage guidelines and requirements pertaining to their individual plan. For example, if your plan only allows 15 chiropractic visits and you exceed that limit, you are financially responsible for payment of the additional visits.

- If we do not participate with your insurance, we are not able to bill your insurance and we cannot accept payment from them. We will provide you with an itemized bill so that you may submit the charges for reimbursement.
- We do not bill secondary insurance companies. It will be your responsibility to file any remaining balances left from your primary insurance company.
- We will bill Medicare but you are responsible for payment of applicable deductible, coinsurance and non-covered services.
- Not all services are a covered benefit for all insurance plans. In the event that your health plan determines a service to be "not covered", you will be responsible for the charge.
- Keep in touch: Do not assume your insurance carrier is "working on it". Contact them if you have not received notice of payment within 30 to 45 days of your services. If payment is delayed by your health plan, you will be asked to contact them to rectify any issues.

#### **Acknowledgement**

I have read and understand the financial policy. I understand that my insurance contract is an arrangement between **myself and my insurance company, NOT between Iadeluca Chiropractic Center and my insurance company**. I request that Iadeluca Chiropractic Center prepare the customary forms at no charge so that I may obtain insurance benefits.

---

Patient/Guardian Signature

---

Date

Name:

Date:

## **Office Financial Policy**

### **Collections and Past Due Accounts**

Each delinquent statement will have a \$5.00 fee added to the current balance of your account. There will be a surcharge to any account that is sent to collections of \$50.00 or 5%, whichever is greater.

In the case of a dispute where Iadeluca Chiropractic Center prevails, the patient agrees to reimburse Dr. Iadeluca for lost time for court hearings or depositions. Reasonable attorney fees incurred in such an action will also be reimbursed by the patient.

I understand if I have an unpaid balance to IADELUCA CHIROPRACTIC CENTER and do not make satisfactory payment arrangements, my account may be placed with an external collection agency. I will be responsible for reimbursement of the fee of any collection agency, which may be based on percentage at a maximum of 50% of the debt, and all costs and expenses, including reasonable collection and attorney's fees incurred during collection efforts.

In order for IADELUCA CHIROPRACTIC CENTER or their designated external collection agency to service my account and where not prohibited by applicable law, I agree that IADELUCA CHIROPRACTIC CENTER and the designated external collection agency are authorized to (i) contact me by telephone at the telephone number(s) I am providing, including wireless telephone numbers, which could result in charges to me, (ii) contact me by sending text messages (message and data rates may apply) or emails, using any email address I provide and (iii) methods of contact may include using pre-recorded/artificial voice message and/or use of an automatic dialing service, as applicable. Furthermore, I consent the designated external collection agency to share personal contact and account related information with third party vendors to communicate account related information via telephone, text, e-mail and mail notification.

---

Patient/Guardian Signature

---

Date

Name:

Date:

### **E-Mail Billing Statement Consent**

Patient billing statements are now available through the convenience of email. We require your consent to begin using this service to communicate with you. Our office will use reasonable means to protect the security and confidentiality of the information sent and received. However, because of the risks associated with email communication, we cannot guarantee the security and confidentiality of the message and will not be liable for improper disclosure of confidential information that may be improperly disclosed.

Preferred Email Address: \_\_\_\_\_

### **Text Message Reminder Consent**

Patient visit reminders will soon be available via text messaging. If you'd prefer this method of reminder over a phone call, please fill in the information below. We require your consent to begin using this service to communicate with you. Our office will use reasonable means to protect the security and confidentiality of the information sent and received. However, because of the risks associated with text messaging, we cannot guarantee the security and confidentiality of the message and will not be liable for improper disclosure of confidential information that may be improperly disclosed.

Preferred Cell Phone #: \_\_\_\_\_

Cell Phone Carrier: \_\_\_\_\_

### **PATIENT ACKNOWLEDGEMENT AND AGREEMENT**

I have discussed with the Provider or his/her representative and I acknowledge that I have read and fully understand this consent form. I understand the risks associated with the communication through e-mail and text messaging between the Provider and myself, and consent to the conditions herein. Any questions I may have had were answered.

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Date



Name:

Date:

VITALS		REFLEXES		DERMATOMES		DYNAMOMETER		CERVICAL						
Weight	#	<input type="checkbox"/> Upper +2 (C5-8)		<input type="checkbox"/> Upper Equal			L	R	Flex:50	Pain: Mld Mod Sev				
Height	"	<input type="checkbox"/> Lower +2 (L2-S2)		<input type="checkbox"/> Lower Equal		1			Ext:60	Pain: Mld Mod Sev				
BP	/	Biceps	Patella	C5 C6 C7 C8		2			RLF:45	Pain: Mld Mod Sev				
Pulse	BPM	Brachio	Achilles	T1 T2 L1 L2		3			LLF:45	Pain: Mld Mod Sev				
Respir	BPM	Triceps		L3 L4 L5 S1		MS			R Rot:80	Pain: Mld Mod Sev				
Temp	<input type="checkbox"/> NTT			Hypo	Hyper	<input type="checkbox"/> U Ext +5			L Rot:80	Pain: Mld Mod Sev				
Pref Side	L R	PCP:				<input type="checkbox"/> L Ext +5			THORACIC					
ORTHO CERVICAL TESTS:									Flex:90	Pain: Mld Mod Sev				
Tenderness		Increase MS Tone		(Mild Mod Sev)					Ext:25	Pain: Mld Mod Sev				
Cerv Reg	L R Both	Cerv region		L R Both	1	2	3	RLF:25	Pain: Mld Mod Sev					
C1	L R Both	Trapezius		L R Both	1	2	3	LLF:25	Pain: Mld Mod Sev					
SP	C1 C2 C3 C4	Scalenus		L R Both	1	2	3	R Rot:25	Pain: Mld Mod Sev					
	C5 C6 C7	SCM		L R Both	1	2	3	L Rot:25	Pain: Mld Mod Sev					
ROM		Sub Occipital		L R Both	1	2	3	LUMBAR						
<input type="checkbox"/> Decreased		Trapezius		L R Both	1	2	3	Flex:60	Pain: Mld Mod Sev					
<input type="checkbox"/> Painful		Scalenus		L R Both	1	2	3	Ext:25	Pain: Mld Mod Sev					
<input type="checkbox"/> Increased**		SCM		L R Both	1	2	3	RLF:25	Pain: Mld Mod Sev					
		Sub Occipital		L R Both	1	2	3	LLF:25	Pain: Mld Mod Sev					
		Levator Scap		L R Both	1	2	3	R Rot:45	Pain: Mld Mod Sev					
				L R Both	1	2	3	L Rot:45	Pain: Mld Mod Sev					
ORTHO THORACIC SPINE TESTS:									<input type="checkbox"/> HIP	<input type="checkbox"/> L	<input type="checkbox"/> R	<input type="checkbox"/> SHOULDER	<input type="checkbox"/> L	<input type="checkbox"/> R
Tenderness		Increase MS Tone		(Mild Mod Sev)					F:100/180	Pain: Mld Mod Sev				
Thor Reg	L R Both	Thor Reg		L R Both	1	2	3	E:20/50	Pain: Mld Mod Sev					
Costo Jts	L R Both	Erector SP		L R Both	1	2	3	Ab:40/180	Pain: Mld Mod Sev					
Costo Vert	L R Both	Trapez		L R Both	1	2	3	Ad:20/50	Pain: Mld Mod Sev					
SP	T1 2 3 4	Levator		L R Both	1	2	3	IR:40/90	Pain: Mld Mod Sev					
	T5 6 7 8	Rhomb		L R Both	1	2	3	ER:45/90	Pain: Mld Mod Sev					
ROM	T9 10 11 12	Myofascial TP						ORTHOPEDIC TESTING:						
		Erector SP		L R Both	1	2	3	Cerv Val	+ / -	Lumbr Val	+ / -	Dble SLR	+ / -	
<input type="checkbox"/> Decreased		Trapez		L R Both	1	2	3	Maigne	NEG	L Apley	+ / -	R Apley	+ / -	
<input type="checkbox"/> Painful		Levator		L R Both	1	2	3	L Bacody	+ / -	R Bacody	+ / -	L Well Leg	+ / -	
<input type="checkbox"/> Increased**		Rhomb		L R Both	1	2	3					R Well Leg	+ / -	
LUMBAR TESTS:									L Shldr Dp: loc pain ST ▪ loc pain spsm ▪ loc pain PM s/s ▪ rad					
Tenderness		Increase MS Tone		(Mild Mod Sev)					R Shldr Dp: loc pain ST ▪ loc pain spsm ▪ loc pain PM s/s ▪ rad					
Lumbar Reg	L R Both	Lumbar Region		L R Both	1	2	3	Cerv Distract: neg ▪ relief pain ▪ local pain						
Erector SP	L R Both	Erector Region		L R Both	1	2	3	Cerv Comp: neg ▪ radic pain ▪ local pain						
Quad Lumb	L R Both	Quad Lumb		L R Both	1	2	3	Extremity: DEC INC ROM, Painful / SIDE: R / L [Hip Shld]						
SP	L1 2 3 4	Iliocostalis		L R Both	1	2	3	Tender: Inguinal, Ilio, ITB, Crest / Teres, Supra, Infra, Delt, AC, Biceps						
	L5 S1	Myofascial TP						Tone: Glut, ITB, HS, Quad, ADD		Tone/MF: Teres, Infra, Supra, Delt, Subscap, Bicep, Pects(mldmodsev)				
ROM		Erector SP		L R Both	1	2	3	L Bragg: 65+ ▪ 30-65 ▪ post thigh pain						
<input type="checkbox"/> Decreased		Quad lumb		L R Both	1	2	3	R Bragg: 65+ ▪ 30-65 ▪ post thigh pain						
<input type="checkbox"/> Painful		Iliocostailis		L R Both	1	2	3	L SLR: 70+ ▪ 35-70 ▪ post thigh pain						
<input type="checkbox"/> Increased**		Longissimus		L R Both	1	2	3	R SLR: 70+ ▪ 35-70 ▪ post thigh pain						
SACROILIAC TESTS:									L Yeoman's: acute sac ▪ chron loc LBP ▪ acute loc lumb					
Tenderness		Increase MS Tone		(Mild Mod Sev)					R Yeoman's: acute sac ▪ chron loc LBP ▪ acute loc lumb					
Sacro Tub	L R Both	Gluteus		L R Both	1	2	3	L Lewin Gaenslen: No lord ▪ No SI						
Sacroiliac	L R Both	Pirifor		L R Both	1	2	3	R Lewin Gaenslen: No lord ▪ No SI						
Coccyx	L R Both	Sacro Tuber		L R Both	1	2	3	L Kemps: acute loc sac ▪ chron LBP ▪ acute loc lumbar						
ROM		Myofascial TP						R Kemps: acute loc sac ▪ chron LBP ▪ acute loc lumbar						
<input type="checkbox"/> Decreased		Gluteus		L R Both	1	2	3	L Patrick: chronic hip ▪ acute hip ▪ Motion restrict						
<input type="checkbox"/> Painful		Pirifor		L R Both	1	2	3	R Patrick: chronic hip ▪ acute hip ▪ Motion restrict						
<input type="checkbox"/> Increased**		Sacro Tuber		L R Both	1	2	3	SUB: C1 2 3 4 5 6 7						
Pelvis		R L B SI iliopsoas		R L B Glut iliopsoas				T1 2 3 4 5 6 7 8 9 10 11 12						
Pelvis ROM		<input type="checkbox"/> Decreased		<input type="checkbox"/> Painful		<input type="checkbox"/> Increased		L1 2 3 4 5 S PELVIS						
Prognosis	Excellent		Fair		Favorable		Good		Guarded		Poor			

Name:

Date:

98940 98941 98942 98943										
	HA Head	Neck	Upper Back	Mid Back	Low Back	R Shlder	L Shlder	L hip	R Hip	Other
Location:		L / R Bi	L / R Bi	L / R Bi	L / R Bi					
Severity: 1-5										
Frequency 1-4										
PAIN										
QVAS SCORE	1.		2.		3.			4.		
Oswestry	1.		2.		3.			4.		
Neck Disability	1.		2.		3.			4.		
Shoulder/Hip	1.		2.		3.			4.		
Other	1.		2.		3.			4.		
Better w/:	<input type="checkbox"/> Nothing    or <input type="checkbox"/> Chiropractic									
Worse: HA, Neck, Upper back, Shoulder	<input type="checkbox"/> Coughing <input type="checkbox"/> Prolonged Sitting <input type="checkbox"/> Prolonged Walking <input type="checkbox"/> Prolonged Standing <input type="checkbox"/> Neck Movement <input type="checkbox"/> Housework <input type="checkbox"/> Deep Breathing <input type="checkbox"/> Other _____		<input type="checkbox"/> Sneezing <input type="checkbox"/> Chewing <input type="checkbox"/> Extension <input type="checkbox"/> Bending <input type="checkbox"/> Driving <input type="checkbox"/> Pushing <input type="checkbox"/> Bright Lights		<input type="checkbox"/> Lifting <input type="checkbox"/> DLA <input type="checkbox"/> Pulling <input type="checkbox"/> Working <input type="checkbox"/> Loud Noises <input type="checkbox"/> Reading <input type="checkbox"/> Sleep		<input type="checkbox"/> Rot. Right <input type="checkbox"/> Rot. Left <input type="checkbox"/> Lying Down <input type="checkbox"/> Stand to Lay <input type="checkbox"/> Lay to Sit <input type="checkbox"/> Lay to Stand <input type="checkbox"/> Reaching <input type="checkbox"/> Other _____		<input type="checkbox"/> Sit to Standing <input type="checkbox"/> Standing to Sitting <input type="checkbox"/> Lat. Flex R <input type="checkbox"/> Lat. Flex L <input type="checkbox"/> Exercise <input type="checkbox"/> Working <input type="checkbox"/> Bowel Movements	
Worse: Mid back Lower back Hip	<input type="checkbox"/> Coughing <input type="checkbox"/> Prolonged Sitting <input type="checkbox"/> Prolonged Walking <input type="checkbox"/> Prolonged Standing <input type="checkbox"/> Neck Movement <input type="checkbox"/> Housework <input type="checkbox"/> Deep Breathing <input type="checkbox"/> Other _____		<input type="checkbox"/> Sneezing <input type="checkbox"/> Chewing <input type="checkbox"/> Extension <input type="checkbox"/> Bending <input type="checkbox"/> Driving <input type="checkbox"/> Pushing <input type="checkbox"/> Bright Lights		<input type="checkbox"/> Lifting <input type="checkbox"/> DLA <input type="checkbox"/> Pulling <input type="checkbox"/> Working <input type="checkbox"/> Loud Noises <input type="checkbox"/> Reading <input type="checkbox"/> Sleep		<input type="checkbox"/> Rot. Right <input type="checkbox"/> Rot. Left <input type="checkbox"/> Lying Down <input type="checkbox"/> Stand to Lay <input type="checkbox"/> Lay to Sit <input type="checkbox"/> Lay to Stand <input type="checkbox"/> Reaching <input type="checkbox"/> Other _____		<input type="checkbox"/> Sit to Standing <input type="checkbox"/> Standing to Sitting <input type="checkbox"/> Lat. Flex R <input type="checkbox"/> Lat. Flex L <input type="checkbox"/> Exercise <input type="checkbox"/> Working <input type="checkbox"/> Bowel Movements	
Quality:	See QVAS									
Radiating:	See QVAS									
Timing:	<input type="checkbox"/> Morning <input type="checkbox"/> Afternoon <input type="checkbox"/> Night <input type="checkbox"/> Evening <input type="checkbox"/> Light Activities <input type="checkbox"/> Mod Activities <input type="checkbox"/> Other _____			<input type="checkbox"/> Morning <input type="checkbox"/> Afternoon <input type="checkbox"/> Night <input type="checkbox"/> Evening <input type="checkbox"/> Light Activities <input type="checkbox"/> Mod Activities <input type="checkbox"/> Other _____						
Side Effects:	<input type="checkbox"/> Decreased ROM <input type="checkbox"/> Increased Sensitivity <input type="checkbox"/> Numbness <input type="checkbox"/> Stiffness <input type="checkbox"/> Tightness <input type="checkbox"/> Weakness <input type="checkbox"/> Tingling <input type="checkbox"/> Other _____				<i>HA (only):</i> <input type="checkbox"/> Dizziness <input type="checkbox"/> Loss of Balance <input type="checkbox"/> Nausea <input type="checkbox"/> Ring in Ears <input type="checkbox"/> Sensitive to Bright Lights <input type="checkbox"/> Visual Problems <input type="checkbox"/> Other _____					
Vitals:	<input type="checkbox"/> Minors + / -		<input type="checkbox"/> Gait + / - L / R			<input type="checkbox"/> Antalgic L    R				
Heel/Toe	<input type="checkbox"/> Heel Walk / Toe Walk Trendelenburg - negative bilaterally						<input type="checkbox"/> + _____			

Name:

Date:

## Doctor Call Slip

Nickname: \_\_\_\_\_

Information: \_\_\_\_\_

Primary Care: \_\_\_\_\_

Best Phone #: \_\_\_\_\_

Date of 1<sup>st</sup> Adjustment: \_\_\_\_\_

How is the patient doing? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

AMS: Y / N (all of rx tx plan? Y/N)

# of appointments on TX Plan: \_\_\_\_\_

Date of next appt: M T W Th F S Date: \_\_\_\_\_ Time: \_\_\_\_\_

SCC Date: \_\_\_\_\_ M T W Th F S Time: \_\_\_\_\_

Scheduling CA: \_\_\_\_\_

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Exam DC: \_\_\_\_\_

Time of call: \_\_\_\_\_

Date of call: \_\_\_\_\_

ROF DC: \_\_\_\_\_

DC Signature: \_\_\_\_\_

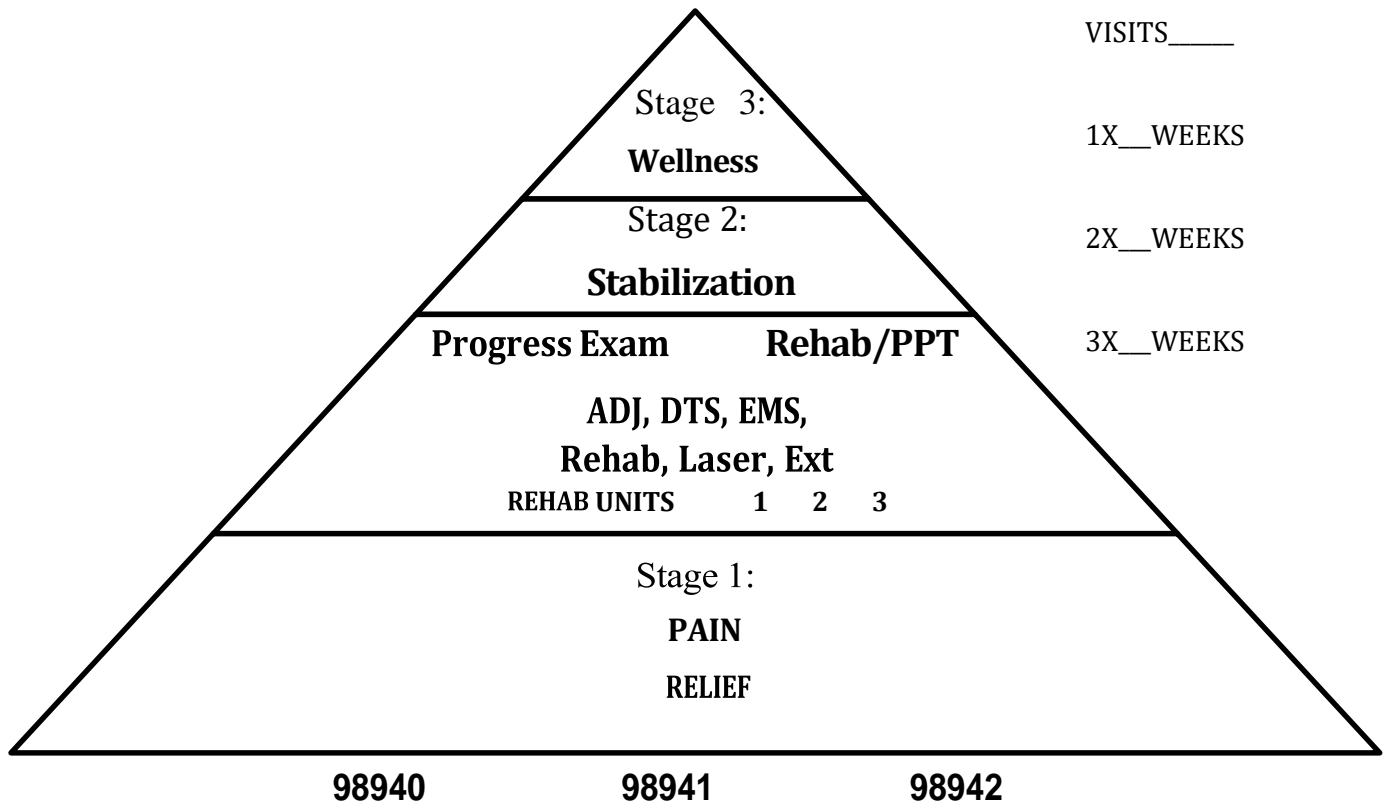
Name:  
Date:



## WHAT'S THE SOLUTION?

Patients do not all respond the same. Some progress more rapidly than other. While no health provider can guarantee your response to treatment, your recommendations are based on your history, exam and x-ray findings. Should you respond other than expected, your schedule will be altered accordingly.

### Your Doctor Recommends:



- |  |   |
|--|---|
| <input type="checkbox"/> CBD Topical Max         | <input type="checkbox"/> Ice Pack           |
| <input type="checkbox"/> CBD Max Relief Oil      | <input type="checkbox"/> TENS               |
| <input type="checkbox"/> CBD Sleep/Melatonin Oil | <input type="checkbox"/> Back Max           |
| <input type="checkbox"/> CBD Gummies             | <input type="checkbox"/> Back Stretcher     |
| <input type="checkbox"/> Nitrous Oxide           | <input type="checkbox"/> Memory Foam Pillow |

Name:

Date:

SUBLUX.	M79.10	Myalgia	LONG TERM DIAGNOSES		Extremity	
M99.01 C	HA's R51.9	HA, unspecified	<b>CERVICAL</b> M48.32	Trauma-spondylopathy, C-Spine	M25.551	Pain in R hip
M99.02 T	Migraine G43.001	w/o aura, w/o status, control	M48.33	Trauma-spondylopathy, C/T spine	M25.552	Pain in L hip
M99.03 L	Migraine G43.019	w/o auro w/o status, no control	M50.11	DD w/radic – (C2/4)	M77.01	Medial epicondylitis – R elbow
M99.04 S	Migraine G43.109	w/ aura, w/o status, control	M50.121	DD w/radic – (C4/5)	M77.02	Medial epicondylitis – L elbow
M99.05 P	Migraine G43.119	w/ auro, w/o status, no control	M50.122	DD w/radic – (C5/6)	M77.11	Lateral epicondylitis – R elbow
M99.06 LE			M50.123	DD w/radic – (C6/7)	M77.12	Lateral epicondylitis – L elbow
M99.07 UE			M50.220	Other cervical disc displacement, mid C	M25.511	Pain in R shoulder
<b>CERVICAL DIAGNOSES SHORT TERM</b>			M50.221	Other cervical disc displacement C4-C5	M25.512	Pain in L shoulder
M47.811	Spondylosis w/o myelopathy C2-C4		M50.222	Other cervical disc displacement C5-C6		
M47.812	Spondylosis w/o myelopathy C4-C6		M50.223	Other cervical disc displacement C6-C7	<b>COMPLICATING FACTORS (do not number)</b>	
M47.813	Spondylosis w/o myelopathy C6-T1				M06.9	Rheumatoid Arthritis unspecified
S16.1XXA	Strain Muscle		<b>THORACIC</b> M48.34	Trauma spondylopathy, T-Spine	A.S. M45.X	X = 0 multiple Sites, 1 C0-C1, 2 C, 3 CT, 4 T, 5 TL, 6 L, 7 L/S, 8 Sac, 9 Unspecified
M50.31	DD – (C2/4)		M48.35	Trauma spondylopathy, T/L Spine	E927.3	Cumulative trauma of repetitive motion
M50.321	DD – (C4/5)		M51.14	Intervert DD w/radic - thoracic	G35	Multiple Sclerosis
M50.322	DD – (C5/6)		M51.15	Intervert DD w/radic – thor/lum	M72.2	Plantar fasciitis
M50.323	DD – (C6/7)		M51.24	Other intervertebral disc displacement, thoracic region	F41.8	Anxiety / Depression
M54.12	Radiculopathy		M51.25	Other intervertebral disc displacement, thoracolumbar region	M79.7	Fibromyalgia
<b>THORACIC DIAGNOSES SHORT TERM</b>			M54.14	Radiculopathy thoracic	M62.838	Muscle Spasm
M47.814	Spondylosis w/o myelopathy or rad., thoracic		M54.15	Radiculopathy thor/lum	M62.830	Muscle Spasm of the back
M47.815	Spondylosis w/o myelopathy or rad., thoracolumbar					
S29.012A	Strain Muscle					
M54.6	Pain in thoracic spine					
M51.34	Intervert DD – thoracic					
M51.35	Intervert DD – thoracolumbar					
M54.13	Radiculopathy cerv/thor					

Name:

Date:

<b>LUMBAR DIAGNOSES SHORT TERM</b>		<b>LUMBAR</b> M48.36	Traumatic spondylopathy, lumbar region	<b>COMPLICATING FACTORS continued</b> <b>(do not number)</b>	
M47.816	Spondylosis w/o myelopathy or rad., lumbar	M48.37	Traumatic spondylopathy, lumbosacral region	M62.81	Muscle weakness
M47.817	Spondylosis w/o myelopathy or rad., lumbosacral	M51.26	Other disc displacement, lumbar	R42	Dizziness
M48.061	Spinal stenosis Lumbar region	M51.27	Other disc displacement, lumbosacral	M47.811	Spondy w/o myelopathy C2-C4
S39.012A	Strain Muscle	M51.360	Intervertebral disc degen., lumbar, discogenic back pain only	M47.812	Spondy w/o myelopathy C4-C6
M54.50	Low back pain, unspecified	M51.361	Intervertebral disc degen., lumbar w/extremity pain only	M47.813	Spondy w/o myelopathy C6-T1
M54.51	Vertebrogenic low back pain	M51.362	Intervertebral disc degen, lumbar w/discogenic LBP & extremity pain	M47.816	Spondy w/o myelopathy T12-L3
M54.59	Other low back pain	M51.370	Intervertebral disc degen., lumbosacral, discogenic LBP	M47.817	Spondy w/o myelopathy L3-L5
M54.16	Radiculopathy lumbar	M51.371	Intervertebral disc degen., lumbosacral w/extremity pain	H81.13	Benign Paroxysmal Vertigo
M54.17	Radiculopathy lumbosacral	M51.372	Intervertebral disc degen, lumbosacral w/discogenic LBP & extremity pain	R20.2	Paresthesia of the skin
		M54.31	Sciatica, right side (SI dys)	E66.09	Morbid Obesity
		M54.32	Sciatica, left side (SI dys)	R26.2	Difficulty walking
		M54.41	LBP w/ sciatica RT side (L- Seg DysFn)	R29.3	Abnormal posture
		M54.42	LBP w/ sciatica LT side (L- Seg DysFn)	M81.0	Age related osteoporosis
		M51.16	Intervert DD w/radic - lumbar	M48.02	Spinal Stenosis Cervical region
				M48.062	Spinal stenosis Lumbar region
				E11.9	Type 2 DM w/o complication
				E10.9	Type 1 DM w/o complication
				J44.9	COPD unspecified
				E929.0	Late Effects of MVA

Name:

Date:

**MALE/FEMALE**

**Initial Examination**

**Acute New:** headaches/neck/upper back/mid back/lower back/left hip/right hip/left shoulder/right shoulder \_\_\_\_\_ (years/months/weeks/days) MVA- Follow the printouts

**Chronic New:** headaches/neck/upper back/mid back/lower back/left hip/right hip/left shoulder/right shoulder \_\_\_\_\_ (years/months/weeks/days) but has flared up recently in the last \_\_\_\_\_ (years/months/weeks/days)

**Chronic N2:** headaches/neck/upper back/mid back/lower back/left hip/right hip/left shoulder/right shoulder \_\_\_\_\_ (years/months/weeks/days) that has progressively worsened

**Re-examination**

\_\_\_\_\_ Re-exam Slow

\_\_\_\_\_ Re-exam Well (Going well)

\_\_\_\_\_ Re-exam Well 2 (Residual)

\_\_\_\_\_ Re-exam Well 3 (MMI)

**Reactivation**

Past for: headaches/neck/upper back/mid back/lower back/left hip/right hip/left shoulder/right shoulder

Now for: headaches/neck/upper back/mid back/lower back/left hip/right hip/left shoulder/right shoulder \_\_\_\_\_ (years/months/weeks)

---

**S.M.A.R.T Goals**

1. Reduce worst pain levels from \_\_\_\_\_ to \_\_\_\_\_ by next evaluation ( 6 visits)\_
2. Patient’s (NDI/Oswestries/Extremity Disabilities) will decrease by \_\_\_\_\_% by (first/second/third/fourth) re-evaluation (6 visits)
3. Patient’s ROM of the (cervical/thoracic/lumbar) spine will be increased by \_\_\_\_\_% by (first/second/third/fourth) re-evaluation. (6 visits)
4. Patient will be able to sleep (without interruptions/with only 1/3 loss of sleep/with only 1/4 loss of sleep/with only 1/2 loss of sleep) at night by the (first/second/third/fourth) re-evaluation
5. Patient will be able to (stand/walk/sit) for \_\_\_\_\_(minutes/hours) by the (first/second/third/fourth) re-evaluation
6. The patient’s headaches (frequency/duration/intensity) will decrease by \_\_\_\_\_% by the (first/second/third/fourth) re-evaluation

Additional Comments:

---

**E/M**

- |  |                  |                  |
|--|------------------|------------------|
| A. Chart review 3,4,5,6,7,8,9,10, _____mins                      | 99202 15-29 mins | 99212 10-19 mins |
| B. Medical Records review 3,4,5,6,7,8,9,10, _____mins            | 99203 30-44 mins | 99213 20-29 mins |
| C. 1:1 Patient Time 15,16,17,18,19,20,21,22,23,24,25, _____mins  | 99204 45-59 mins | 99214 30-39 mins |
| D. Post-Consultation Counseling 3,4,5,6,7,8,9,10, _____mins      |                  |                  |
| E. Paperwork and Charting 5,6,7,8,9,10,11,12,13,14,15, _____mins |                  |                  |
| F. Consulting with other Providers 3,4,5,6,7,8,9,10, _____mins   |                  |                  |
| G. Total E/M _____minutes  |                  |                  |